

Monday

Baby Cucumber Sushi (9)	\$4.30
Baby Tuna Sushi (9)	\$4.30
Avocado Sushi	\$3.80
Chicken Mornay Pie	\$4.50
Salmon & Avocado Sushi	\$3.80

Wednesday.....

Homemade Pasta Bolognese	\$5.50
(Vegetable and beef bolognese with wholemeal pasta)	
Avocado Sushi	\$3.80
Baby Tuna Sushi (9)	\$4.30

Friday.....

Tuna & Cucumber Sushi	\$3.80
Avocado sushi	\$3.80

Tuesday.....

Gourmet Beef Burger	\$5.50
(with carrot, lettuce, tomato sauce in a wholemeal roll)	
Add Tasty Cheese	\$6.00
Sausage Roll	\$4.00
Baby Avocado Sushi (9)	\$4.30
Baby Tuna sushi (9)	\$4.30
Salmon & Avocado Sushi	\$3.80
Cooked Tuna Sushi	\$3.80

Thursday

Avocado Sushi	\$3.80
Tuna & Cucumber Sushi	\$3.80
Chicken Teriyaki Sushi	\$3.80
Vegetarian Rice Paper Roll	\$3.80

Hot Food (not PSSA)

Mild Butter Chicken 220g (GF)	\$5.50
(with tender chicken thighs + vegetables)	
Macaroni and Cheese 220g	\$5.50
(with butter beans, zucchini and 2 cheese sauce)	
Spinach & Feta Roll 120g	\$4.00
Chicken Wedges (4)	\$4.00
(chicken breast lightly crumbed and oven baked)	
Corn Cob	\$0.50

Sandwiches

(with Olive spread,)

Vegemite Sandwich	\$2.50
Jam Sandwich	\$2.50
Ham, Tasty Cheese or Chicken Sandwich	\$3.00
Ham & Tasty Cheese Sandwich	\$3.50
Egg Sandwich or Tuna Sandwich	\$4.00
Salad Roll - Lettuce, Tomato, Carrot & Cucumber	\$4.00
Salad Box - Lettuce, Tomato, Carrot & Cucumber	\$4.20
Extra fillings - Cheese/Chicken/Ham	\$0.50 each
Tuna/Egg	\$1.00 each

Snacks.....

Bread Sticks (2)	\$0.40
Apple or seasonal fruit	\$0.50
Edamame (6)	\$0.50
Sultana Packet- 40g	\$0.50
Carrot Sticks (5)	\$0.50
Cheese & Breadstick Snack	\$1.00
Snack Pack	\$1.00
(carrot sticks, cucumber sticks & slinky apple)	
Homemade Anzac Biscuit	\$1.00
Homemade Bouncy Ball	\$1.00
(Dates,oats,coconut,cacao)	
Popcorn 25g	\$1.20
Banana Bread	\$1.50

Drinks..... (NO ADDED SUGAR)

Nudie Juice Tropical	\$2.50
Nudie Juice Apple	\$2.50
Nudie Juice Orange	\$2.50
Plain Milk	\$1.00
Fruit Smoothie	\$3.00